

**WEEK 3**  
**MENU FOR: Spring / Summer 2023**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b> (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast).				
<b>Lunch</b> (Water)	High Meat Content Pork Sausages with Onion Gravy	Savoury Minced Beef & Vegetables	Spaghetti with a Tomato Olive & Basil Sauce	Roast Chicken Breast with Gravy	Homemade Salmon Fishcakes
	New Potatoes Peas Sweetcorn	Mashed Potato Carrots Green Beans Roasted Parsnips	Broccoli Cauliflower Salad Sticks	Roast Potatoes Carrots Peas	Potato Wedges Baked Beans Mixed Vegetables
	Vegetarian Sausages with Onion Gravy	Mixed Bean & Vegetable Casserole	As above	Quorn Fillet with Gravy	Lentil & Vegetable Cakes
<b>Dessert</b>	Fruit Salad with Yoghurt	Coconut Rice Pudding with Mango Coulis	Banana with Custard	Fruit Yoghurt	Cherry & Apple Crumble with Ice cream
<b>Tea</b> (Water)	French Bread with Sliced Chicken Marmite Cream Cheese	Assorted Cheese & Crackers with Carrot & Cucumber	Jacket Potato with Veggie Mince Chilli Cheese or Tuna	Cheese & Marmite Puff Pastry Swirls with Carrot & Celery	Sandwiches With Ham/Cheese Marmite
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day  
Buttercup Room's menu is adapted to suit the weaning stage of each child  
If your child has an allergen the menu will be adapted according to their required diet