

WEEK 1
MENU FOR: Spring / Summer 2023

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---|------------------------------------|--|--|---|
| Snack (Water & Milk) | There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast). | | | | |
| Lunch (Water) | Provencal Chicken | Beef Sweet Potato & Chickpea Curry | Fish Pie | Roast Pork with Gravy | Macaroni & Broccoli Cheese |
| | New Potatoes Mixed Vegetables | Brown Rice Broccoli Cauliflower | Baked Beans Sweetcorn Carrots | Mashed Potato Carrots Green Beans | Crusty Bread Peas Sweetcorn |
| | Provencal Lentils & Vegetables | Sweet Potato & Chickpea Curry | Vegetable & Butterbean Pie | Vegetarian Sausages with Gravy | As Above |
| Dessert | Fruit Yoghurt | Semolina with Raisins | Vegan Banana & Courgette Cake with Ice cream | Apricot & Greek Yoghurt Dessert | Stewed Fruit with Custard |
| Tea (Water) | Assorted Cheese & Crackers with Celery & Cucumber | Baked Beans On Toast | Sandwiches with Ham/Marmite Cheese | Toasted Crumpets with Various Toppings | Homemade Beetroot Hummus with Feta Cheese Dip Baked Tortilla Chips Salad Sticks |
| | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

Water is available throughout the day
Buttercup Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet