

EYFS: 3.27, 3.61, 3.74

### **Policy statement**

No child is excluded from participating in Sawston Nursery setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training unless there are medical or other developmental reasons why this may not be appropriate at the time.

Our procedure meets best practice identified by the UK Health Security Agency's Infection Prevention and Control document.

Nursery staff will support children who are ready for toilet training by offering the use of the potty or toilet at short regular intervals.

We enable a two-way exchange between parents and key persons so that information is shared about nappy changing and toilet training in a way that suits the parents and meets the child's needs.

When children are toilet training, we would recommend they wear pants to enable them to recognise the feeling of being wet. If a child is potty training, then parents are requested to bring in plenty of spare changes of clothes. We would also request that parents bring in spare changes of shoes that can easily be washed and dried.

If a child would like to bring in their own potty from home, the Nursery staff are happy for this to be brought in. Children will be encouraged to sit on the potty and praised for their efforts and achievements. Accidents will be dealt with in a calm manner, so the child does not become upset or concerned. Staff will clean the child and change their clothes and shoes where necessary.

Sawston Nursery provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not, yet toilet trained.

Sawston Nursery see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Our aim at Sawston Nursery is to Safeguard the rights and promote the welfare of all children.

To provide guidance and reassurance to staff who are required to change a child's nappy.

To assure parents/carers that staff are knowledgeable about personal care and that their individual concerns are taken into account.

To protect children from discrimination and ensure inclusion for all.

## **Procedures**

All our staff are familiar with our Safeguarding Children Policy and Procedures to develop children's resilience and to protect them from any form of abuse. It is important that children are changed in a reassuring and caring way by their key person or another familiar member of staff who the child has a close relationship with. We always ask for the child's consent to change them as appropriate for their development. We do not give children the message that anyone can pick them up, take them off and undress them.

- Sawston Nursery have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups', and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children to wear comfortable clothing whilst toilet training is taking place.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes (ensure blind down on sunny days).
- Each child has their own shelf area with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Nappies are to be rolled and bagged immediately for each individual nappy change.
- Mats must be cleaned with anti bac between each nappy change and nappy units wiped down daily underneath the mat area.
- If a child has his or her own creams these must be labelled.
- Gloves must be changed before applying cream to a child after you have cleaned them.
- Gloves must then be removed before transporting the child from the nappy mat back into the classroom

- Gloves **must** be changed between each child to maintain safe hygiene practices at all times. Aprons will be changed when a child has a soiled nappy that requires changing to prevent cross contamination. All our staff are familiar with our hygiene procedures and carry these out when changing nappies following Nursery policy and procedures.
- Sawston Nursery will accept reusable nappies.
- The liner within a cloth nappy will be removed and disposed of in a nappy sack (If the liner is disposable). If the liner is not disposable, we will remove the faeces as best possible and place the liner in the wet bag or bin provided by the parent. These must be taken home at the end of the child's nursery session.
- The cloth nappy will be rolled and placed in the wet bag/bin provided by the parent.
- Re usable wipes can be provided by the parent and will be used as stated on the packet.
- We will place any soiled wipes in the provided bucket or wet bag which the parent must collect at the end of the day.
- Flannels must not be used to clean the nappy area, only wipes are to be used.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; and avoid pulling faces and making negative comments about 'nappy contents'.
- Our staff do not make inappropriate comments about children's genitalia when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, using soap and towels to dry. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.

We dispose of nappies and pull-ups hygienically. Trainer pants and ordinary pants that have been wet or soiled are put in a nappy sack and named for the parent to take home.

- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- Any soiled clothing must be double bagged (in nappy sacks) and labelled with the child's name and sent home that day. Staff must wear gloves whilst bagging these items.
- When developmentally appropriate, we work closely with parents to sensitively support toilet training in a way that suits the individual needs of the child and ensures consistency between home and nursery.
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- If any parent or member of staff has concerns or questions about nappy changing procedures or individual routines, please see the manager at the earliest opportunity.

This policy was adopted on	Signed on behalf of the nursery	Date for review
<b>February 2023</b>	<b>T.Spencer</b>	<b>April 2024</b>