

WEEK 1
Menu For: Autumn / Winter 2022/2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc).				
Lunch (Water)	Beef & Mixed Bean Chilli	Spinach & Ricotta Ravioli with Tomato & Basil Sauce	Roast Chicken Breast with Gravy	Homemade Tuna Fishcakes	Pork & Sausage meat Caramelised Onion Slice
	Brown rice Sweetcorn Peas	Salad sticks Broccoli Cauliflower	New Potatoes Mashed Swede Carrots Cabbage	Potato Wedges Mixed Vegetables	Mashed Potato Baked Beans Broccoli Carrots
	Vegetable Mince & Bean Chilli	As Above	Quorn Fillet with Gravy	Homemade Lentil & Vegetable Cakes	Vegetable & Spinach Slice
Dessert	Bananas with Custard	Fruit yoghurt	Vegan Banana & Carrot Cake with Ice Cream	Semolina with Raisins	Homemade Peach Mousse
Tea (Water)	French Bread With chicken slices Marmite, Cream Cheese.	Assorted Cheese & Crackers with Cucumber & Carrot	Homemade Carrot & Parsnip Soup with Homemade Bread.	Toasted Crumpets With various toppings.	Cauliflower Cheese Puff Pastry Whirls
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day
Buttercup Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet