

WEEK 3
MENU FOR : Spring / Summer 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast).				
Lunch (Water)	Provençal Chicken	Roast Pork with Gravy	Fish Pie with a Potato & Cauliflower Top	Beef, Apricot & Chickpea Curry	Chilli Bean & Quorn Bake
	Brown Rice Peas Sweetcorn	New Potatoes Carrots Cauliflower Cabbage	Baked Beans Broccoli Sweetcorn	Cous Cous Mixed Vegetables	Carrots Green Beans Cauliflower
	Provençal Lentils & Vegetables	Vegetarian Sausages with Gravy	Butterbean & Vegetable Pie with a Potato & Cauliflower Top	Chickpea Vegetable & Apricot Curry	As Above
Dessert	Fruit Cocktail with Natural Yoghurt	Coconut Rice Pudding with Mango Coulis	Bananas with Custard	Fruit Yoghurt	Peach & Passionfruit Mousse
Tea (Water)	French Bread with Chicken Slices, Marmite & Cream Cheese Fresh Fruit	Assorted Cheese & Crackers with Celery & Cucumber Fresh Fruit	Lamb Koftas Vegetable & Lentil Koftas with Pitta Fingers Salad Sticks Fresh Fruit	Cheese & Marmite Puff Pastry Whirls Carrot & Cucumber Surprise Biscuits Fresh Fruit	Sandwiches Home Cooked Ham, Cheese & Marmite Fresh Fruit

Water is available throughout the day

Yellow Room's menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet