

WEEK 1
MENU FOR : Spring / Summer 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast).				
Lunch (Water)	High Meat Content Pork Sausages with Onion Gravy	Savoury Minced Lamb & Vegetables	Spaghetti with a Tomato, Olive and Basil Sauce	Roast Chicken Breast with Gravy	Homemade Cod & Pea Fishcakes
	New Potatoes Mixed Vegetables	Mashed Potato Carrots Sweetcorn	Broccoli Cauliflower Salad Sticks	Roast Potato Mashed Swede Broccoli Roasted Parsnips	Potato Wedges Baked Beans Peas Sweetcorn
	Vegetarian Sausages with Onion Gravy	Haricot Bean & Vegetable Casserole	As Above	Roasted Quorn Fillet with Gravy	Vegetable & Lentil Cakes
Dessert	Fruit Yoghurt	Semolina with Raisins	Vegan Lemon Cake with Ice-cream	Strawberry Eton Mess made with Greek Yoghurt	Pear & Apple Crumble with Custard
Tea (Water)	Assorted Cheese & Crackers Celery & Cucumber	Sandwiches with Cooked Ham/ Cheese/Marmite Surprise Biscuit	Baked Beans on Toast	Toasted Crumpets with Various Toppings	Macaroni Cheese Muffins with Salad Sticks
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day
Yellow Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet