

## Bottle Feeding & Breast Milk in The Nursery

### Formula:

Parents are asked to provide a sterilised bottle for each feed and pre-measure the formula powder into a container. Please label the pot clearly with the child's name and quantity of powder (eg 6 scoops) to ensure that staff are making the bottle correctly. Nursery staff will follow the manufacturers instructions when making up bottles for children.

Cartons of formula can be provided by the parent/s. The date of opening will be recorded on the carton and staff will check they are used within the required time. (eg 3 weeks).

On arrival, all bottles and beakers are to be tagged with the child's name and placed in the milk kitchen.

Bottles should be given at the times agreed with the parent bearing the child's immediate need in mind. The timing of feeds is to be agreed with the parent during daily handover discussions.

The quantity of milk consumed by the child is recorded on the child's care diary.

The temperature of the milk is to be checked by a member of staff before the bottle is given to the child unless the parent advises staff to offer a bottle cold.

If refused, the bottle will be offered to the baby again at 10-15-minute intervals. Bottles will be discarded after 1 hour. Bottles are never re-heated.

In instances of ready - made milk, half of the carton can be used in the morning while the other half must be stored in the fridge, to be used in the afternoon. All opened cartons of milk must be discarded at the end of the day.

Ready made formula already poured in a sterilised bottle on arrival, will be stored in the fridge and heated with a jug and hot water when ready for use.

Please remember to either premeasure or provide a tub of formula for staff to measure.

The bottle is to be washed up immediately after the feed. Hot water, detergent and a bottlebrush are available for this in the milk kitchen. The bottle is rinsed and dried and placed in the child's bag to be taken home.

Parents are to be made aware that bottles are not sterilised after use and that this is their responsibility.

Just to let you know, 'We use a 'Tommee Tippee' Closer to Nature Perfect Prep Machine which makes a fresh baby bottle at the right temperature in less than 2 minutes. This machine is specially designed to make bottle preparation faster and more accurate. The Perfect Prep is suitable for most brands of formula milk and has an adjustable base to accommodate different bottle sizes and shapes - all you have to do is measure the dosage, the Perfect Prep takes care of the rest.'

### **Breast Milk:**

Breast milk can be frozen at home, but must come into the nursery defrosted, in a sterilised bottle. It will then be stored in the fridge here at the nursery. We request that the frozen milk be defrosted at home overnight in the family's refrigerator.

The breast milk can be heated but must be consumed within 1hr of doing so or will be disposed of.

Breast milk must not be re-frozen after being defrosted!

Please ensure that any breastmilk is stored in plastic baby bottles ready to be stored in the fridge.

<b>This policy was adopted on</b>	<b>Signed on behalf of the nursery</b>	<b>Date for review</b>
<i>6<sup>th</sup> January 2022</i>		<i>January 2023</i>