

## Sawston Childcare Limited

### Sun Cream Protection Policy

#### Policy Statement

SunSmart is the national skin cancer prevention campaign organised by Cancer Research UK.

The SunSmart initiative encourages nurseries to develop a sun protection policy.

#### Special note regarding infants

SunSmart practices consider the special needs of infants. Physical protection such as shade, clothing and broad-brimmed hats are the best sun protection measures. If babies are kept out of the sun or well protected from UV radiation by clothing, hats and shade, then sunscreen need only be used occasionally on very small areas of a baby's skin. The widespread use of sunscreen on babies under 6 months old is not recommended.

#### Environment

##### Seek shade

- Staff in the Nursery make sure there is a sufficient number of shelters and trees providing shade in the outdoor area particularly in high-use areas.
- The availability of shade is considered when planning all outdoor activities.
- Children are encouraged to choose and use available areas of shade when outside.
- Children who do not have appropriate hats or outdoor clothing are asked to choose a shady play space or a suitable area protected from the sun.

#### Behaviours

##### Slip on sun-protective clothing

- Children should wear loose-fitting clothing that covers as much skin as possible. Clothing made from cool, densely woven fabric is recommended. Families are asked to choose tops with elbow-length sleeves, higher necklines (or collars) and knee-length or longer style shorts and skirts for their child. If a child is wearing a singlet top or shoestring dress, they will be asked to choose a t-shirt/shirt to wear over this before going outdoors.

##### Slap on a sun protective hat

- All children will be advised to wear hats that protect their face, neck and ears (legionnaire, broad-brimmed or bucket style). Peak caps and visors are not considered a suitable alternative.

##### Slop on sunscreen

- SPF30 (or higher) broad-spectrum, water-resistant sunscreen should be supplied by the family and have the child's name on the container.

- Sunscreen is applied in accordance with the manufacturer's directions (applied at least 20 minutes before going outdoors and reapplied every two hours if and where needed).
- Staff should wear gloves to apply sun cream to children and wear a fresh pair of gloves in between each application. This may avoid any remanent of sun cream being transferred onto another child, possibly avoiding the risk of any allergic reactions to particular sun creams.  
However, if preferred staff may apply sun cream without wearing gloves but must wash their hands in between each application of sun cream to a child.
- To help develop independent skills ready for school, children from three years of age are given opportunities to apply their own sunscreen under supervision of staff and are encouraged to do so.
- Sunscreen is stored in a cool place, out of the sun and the expiry date is monitored.

### Learning and skills

- Sun protection is incorporated into the learning and development of each child attending Sawston Nursery so they can gain an understanding of the importance of keeping safe in the sun.

At Sawston Nursery we aim to protect the children in our care and ask that parents support us by providing a high factor sun cream and sunhat for their child to protect them from the sun and burning from the heat.

- All parents/carers should complete a permission form which can be found in the contract pack when joining the nursery for staff to apply sun cream to their child. This can be obtained from Reception if you have not completed one.
- Children are encouraged to play outside and enjoy the sun safely and responsibly
- Children have regular 'free flow' to play outside although when temperature rises we ensure that children do not spend too much time outside between the hours of 11am and 3pm as it can sometimes get very hot at these times of the day.
- Babies and young children should be kept in the shade where possible, under trees, canopies or indoors.
- Legal Framework:

## Legislation and Standards

- [Occupational Health and Safety Act \(2004\)](#)
- [Children's Services Act 1996](#)
- [Children's Services Regulations 2009](#)
- [Child Wellbeing and Safety Act 2005 \(Vic\) \(Part 2: Principles for children\)](#)
- [Education and Care Services National Law Act 2010:](#)

This policy was adopted by	Sawston Nursery
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