

WEEK 3
MENU FOR: Spring / Summer 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc)				
Lunch (Water)	Chicken A'La King	Fish Pie	Lamb Meatballs with a Tomato sauce	Roast Beef with Gravy & Yorkshire Pudding	Vegetable Lasagne
	Brown Rice Mixed Vegetables	Carrots Peas and sweetcorn	Penne Pasta Cauliflower Peas Salad sticks	Roast Potatoes Carrots Green Beans & Cabbage	Garlic Bread Broccoli Cauliflower
	Quorn A'La King	Butterbean & Vegetable Pie	Penne Pasta with a vegetable & Tomato sauce	Haricot Bean & Vegetable Casserole	As Above
Dessert	Fruit Cocktail with Natural Yoghurt	Coconut Rice Pudding with Pineapple Coulis	Apricot Sponge with Custard	Fruit Yoghurt	Mango Mousse
Tea (Water)	Muffin Slices with Various Toppings	Cheese & Marmite Puff Pastry whirls, with Carrot & Cucumber Sticks	Mini Pitta Pizzas	Assorted Cheese & Crackers with Celery & Cucumber	Homemade Sesame Free Humous, Cream Cheese & Feta dip. Baked Tortilla Chips Surprise Biscuits
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day
Yellow Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet