

**WEEK 3**  
**MENU FOR: Autumn / Winter 2020/2021**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b> (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc)				
<b>Lunch</b> (Water)	(HIGH MEAT CONTENT) Pork Sausages with Onion Gravy	Haddock & Spinach Pasta Bake	Chicken & Vegetable Korma Curry	Roast Beef with Gravy & Yorkshire Pudding	Vegetable & Lentil Cottage Pie
	New Potatoes Sweetcorn & Peas	Crusty Bread Carrots & Green Beans	Brown Rice Mixed Vegetables	Roast Potatoes Sweetcorn Cauliflower & Broccoli	Baked Beans Carrots Cabbage
	Quorn Sausages With Onion Gravy	Mushroom & Spinach Pasta Bake	Vegetable Chickpea Korma Curry	Lentil Vegetable Casserole	As Above
<b>Dessert</b>	Fruit Salad with Natural Yoghurt	Homemade Rice Pudding with Fruit Coulis	Apple & Carrot & Courgette cake with Ice Cream	Fruit Yoghurt	Rhubarb & Custard Dessert
<b>Tea</b> (Water)	Muffin Slices with Various Toppings  Fresh Fruit	Croissants with Home Cooked Ham or Cheese  Fresh Fruit	Jacket Potatoes With Chilli/Tuna Mayo or Cheese Fresh Fruit	Houmous / Feta Dip with Baked Tortilla Chips Salad Sticks & Surprise Biscuits Fresh Fruit	Assorted Cheese & Crackers with Celery & Cucumber  Fresh Fruit

Water is available throughout the day

Yellow Room's menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet