

Bottle Feeding & Breast Milk in The Nursery

Formula:

Parents are asked to bring in readymade milk feeds.

Cartons of formula are also fine. The child must have a sterilised bottle for each feed.

On arrival, all bottles and beakers are to be tagged with the child's name and placed in the milk kitchen fridge. The fridge temperature is to be checked once a day (at 8am) and noted on the record sheet provided.

Bottles should be given at the times agreed with the parent bearing the child's immediate need in mind. The timing of feeds is to be agreed with the parent during daily handover discussions.

The quantity of milk drunk or left is recorded on the child's day sheet.

Each child's bottle is to be heated in a jug of boiled water. The temperature of the milk is to be checked by a member of staff before the bottle is given to the child unless the parent advises staff to offer a bottle cold.

If refused, the bottle will be offered to the baby again at 10-15-minute intervals. Bottles will be discarded after 1 hour. Bottles are never re-heated.

In instances of ready - made milk, half of the carton can be used in the morning while the other half must be stored in the fridge, to be used in the afternoon. All opened cartons of milk must be discarded at the end of the day.

The bottle is to be washed up immediately after the feed. Hot water, detergent and a bottlebrush are available for this in the milk kitchen. The bottle is rinsed and dried and placed in the child's bag to be taken home.

Parents are to be made aware that bottles are not sterilised after use and that this is their responsibility.

Breast Milk:

Breast milk can be frozen at home, but **must come into the nursery defrosted**, in a sterilised bottle. It will then be stored in the fridge here at the nursery. **We request that the frozen milk be defrosted at home overnight in the family's refrigerator.**

The breast milk can be heated but must be drunk within 1hr of doing so or will be disposed of.

Breast milk must not be re-frozen after being defrosted!

Please ensure that milk is stored in plastic baby bottles only on arrival to the nursery ready to be stored in the fridge.

This Policy was Adopted by	Sawston Nursery
On	November 2017
Updated on	September 2020
Manager Sign	