**SUMMER 2019 WEEK 3**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day  (No added sugar)  (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast, home-made fruit muffins). | | | | |
| **Lunch**  **(Water)** | Chicken Breast  In a Mushroom  & Tarragon  Sauce | Salmon  Sweet Potato & Pea  Fishcakes | Pork Sausage meat  & Caramalised  Onion Plait | Roast Beef  Gravy & Yorkshire  Pudding | Vegetable  & Lentil  Lasagne |
| Brown Rice  Mixed Vegetables | New Potatoes  Carrots  Broccoli | Mashed Potato  Baked Beans  Green Beans  Sweetcorn | Roast Potatoes  Carrots  Cabbage &  Cauliflower Cheese | Salad Sticks  Peas, Sweetcorn  & Garlic Bread |
| Quorn Fillet  In a Mushroom &  Tarragon Sauce | Vegetable & Lentil Cake | Spinach &  Cheese Plait | Cannellini  Bean & Vegetable  Casserole | As Above |
| **Dessert** | Fruit Salad  With  Natural Yoghurt | Chilled Coconut  Rice Pudding | Fruit Yoghurts | Lemon Sponge  With  Custard | Frozen Mango  Yoghurt  Dessert |
| **Tea**  **(Water)** | Sliced Muffins  With Various  Toppings  Fresh Fruit | Homemade Olive  Sundried Tomato &  Parmesan Crackers  With Carrot &  Cucumber  Fresh Fruit | Turkey & Vegetable  Patties  Vegetable & Lentil Patties  Salad Sticks  Fresh Fruit | Assorted Cheese  & Crackers With  Celery & Cucumber  Fresh Fruit | Humous  Cream Cheese &  Feta Dip with  Homemade Tortilla  Chips  Surprise Biscuits  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet.