**SUMMER 2019 WEEK 3**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack****(Water & Milk)** | There is a wide variety of snacks every day  (No added sugar) (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast, home-made fruit muffins). |
| **Lunch****(Water)** | Chicken BreastIn a Mushroom& TarragonSauce | SalmonSweet Potato & PeaFishcakes | Pork Sausage meat& CaramalisedOnion Plait | Roast BeefGravy & YorkshirePudding | Vegetable& LentilLasagne |
| Brown RiceMixed Vegetables | New PotatoesCarrotsBroccoli  | Mashed PotatoBaked BeansGreen BeansSweetcorn | Roast PotatoesCarrotsCabbage &Cauliflower Cheese | Salad SticksPeas, Sweetcorn& Garlic Bread |
| Quorn FilletIn a Mushroom & Tarragon Sauce | Vegetable &Lentil Cake | Spinach &Cheese Plait | CannelliniBean & VegetableCasserole | As Above |
| **Dessert**  | Fruit SaladWithNatural Yoghurt | Chilled CoconutRice Pudding  | Fruit Yoghurts | Lemon SpongeWithCustard  | Frozen MangoYoghurtDessert |
| **Tea****(Water)** | Sliced MuffinsWith VariousToppingsFresh Fruit | Homemade OliveSundried Tomato &Parmesan CrackersWith Carrot &CucumberFresh Fruit | Turkey & VegetablePattiesVegetable & Lentil PattiesSalad SticksFresh Fruit | Assorted Cheese& Crackers WithCelery & CucumberFresh Fruit | HumousCream Cheese & Feta Dip withHomemade TortillaChips Surprise BiscuitsFresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet.