**WEEK 2**

**MENU FOR WEEK COMMENCING: Winter/Spring 2019/2020**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day  (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast). | | | | |
| **Lunch**  **(Water)** | (High Meat Content)  Pork Sausages  With  Onion Gravy | Salmon & Spinach  Pasta Bake | Quorn & Mixed Bean  Chilli | Roast Beef  With Gravy  Yorkshire Pudding | Chicken &  Vegetable  Hot Pot |
| New Potatoes  Peas  Sweetcorn | Salad Sticks  Mixed Vegetables | Brown Rice  Broccoli  Carrots | Roast Potatoes  Carrots, Cauliflower,  Green Beans | Cabbage  Mashed Swede  Sweetcorn |
| Glamorgan  Veggie Sausages  With  Onion Gravy | Cheese & Spinach Pasta Bake | As Above | Vegetable & Lentil  Casserole | Cannellini Bean & Vegetable Hot Pot |
| **Dessert** | Banana  With  Crème Fraiche | Lemon &  Blueberry  Muffins | Semolina  with  Raisins | Fruit  Yoghurt | Pineapple & Coconut Sponge  With Custard |
| **Tea**  **(Water)** | French Bread  With  Chicken/Marmite  Or Cream Cheese  Fresh Fruit | Assorted  Cheese & Crackers  with  Celery & Cucumber  Fresh Fruit | Mini Pitta  Pizza  Salad Sticks  Surprise Bicuits  Fresh Fruit | Baked Beans  On  Toast  Fresh Fruit | Croissants  With  Home Cooked Ham  Cheese  Salad sticks  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet