**WEEK 1**

**MENU FOR WEEK COMMENCING: Winter/Spring 2019/2020**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day  (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc). | | | | |
| **Lunch**  **(Water)** | Tagliatelle with a Tomato Basil & Olive Sauce | Beef  Cottage  Pie | Roast Chicken  Breast with  Gravy | Tuna & Sweetcorn Fishcakes | Lamb, Sweet Potato & Lentil Curry |
| Broccoli  Cauliflower  Salad Sticks | Mashed Potato  Carrots  Peas | New Potatoes  Mashed Swede  Cabbage  Green Beans | Jacket Wedges  Baked Beans  Carrots  Broccoli | Cous Cous  Mixed Vegetables |
| As Above | Vegetable &Butter Bean Pie | Quorn Fillet  With gravy | Vegetable & Cheese Cakes | Sweet Potato, Spinach & Lentil Curry |
| **Dessert** | Fruit Salad  With  Natural Yoghurt | Mini Banana Pancakes  With  Ice Cream | Fruit Yoghurt | Pear & Raisin Oaty Crumble  With  Custard | Creamy Apple & Blackberry Dessert |
| **Tea**  **(Water)** | Muffin slices  With various  Toppings  Fresh Fruit | Courgette & Sweetcorn Muffins  Salad Sticks  Surprise Biscuit  Fresh Fruit | Homemade Tomato & Lentil Soup  With Bread    Fresh Fruit | Homemade  Sausage Rolls  OR Cheese & Onion  Rolls Salad Sticks  Fresh Fruit | Assorted Cheese & Crackers  Celery & Cucumber  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet