**WEEK 1**

**MENU FOR WEEK COMMENCING: Winter/Spring 2019/2020**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack****(Water & Milk)** |  There is a wide variety of snacks every day  (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc). |
| **Lunch****(Water)** | Tagliatelle with a Tomato Basil & Olive Sauce | Beef CottagePie | Roast ChickenBreast withGravy | Tuna & Sweetcorn Fishcakes | Lamb, Sweet Potato & Lentil Curry |
| BroccoliCauliflowerSalad Sticks | Mashed PotatoCarrotsPeas | New PotatoesMashed SwedeCabbage Green Beans | Jacket Wedges Baked Beans Carrots  Broccoli | Cous Cous Mixed Vegetables |
| As Above | Vegetable & Butter Bean Pie | Quorn FilletWith gravy | Vegetable & Cheese Cakes | Sweet Potato, Spinach & Lentil Curry |
| **Dessert**  | Fruit SaladWithNatural Yoghurt | Mini Banana PancakesWith Ice Cream | Fruit Yoghurt | Pear & Raisin Oaty Crumble With Custard | Creamy Apple & Blackberry Dessert |
| **Tea****(Water)** | Muffin slicesWith variousToppings Fresh Fruit | Courgette & Sweetcorn MuffinsSalad SticksSurprise BiscuitFresh Fruit | Homemade Tomato & Lentil Soup With Bread Fresh Fruit | Homemade Sausage Rolls OR Cheese & OnionRolls Salad SticksFresh Fruit | Assorted Cheese & CrackersCelery & CucumberFresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet