

BOTTLE FEEDING & BREAST MILK IN THE NURSERY

Formula:

Parents are asked to bring in water and powder in separate containers, ensuring that they have been measured out in accurate amounts. Cartons of formula are also fine. The child must have a sterilised bottle for each feed.

Therefore, parents are responsible for ensuring they measure out powder correctly, one scoop to 1oz water. Please be aware that bottles made up incorrectly can lead to severe constipation or your child being left hungry.

On arrival, all bottles and beakers are to be tagged with the child's name and placed in the milk kitchen fridge. The fridge temperature is to be checked once a day (at 8am) and noted on the record sheet provided.

Bottles should be given at the times agreed with the parent bearing the child's immediate need in mind. The timing of feeds is to be agreed with the parent during daily handover discussions.

The quantity of milk drunk or left is recorded on the child's day sheet.

Each child's water is to be heated in a jug of boiled water and then the powder added. The temperature of the milk is to be checked by a member of staff before the bottle is given to the child, unless the parent advises staff to offer a bottle cold.

If refused, the bottle will be offered to the baby again at 10-15 minute intervals. Bottles will be discarded after 1 hour. Bottles are never re-heated. A chart is used in the milk kitchen to record milk heat up times to ensure this happens.

The bottle is to be washed up immediately after the feed. Hot water, detergent and a bottlebrush are available for this in the milk kitchen. The bottle is rinsed and dried and placed in the child's bag to be taken home.

Parents are to be made aware that bottles are not sterilised after use and that this is their responsibility.

Breast Milk:

Breast milk can be frozen at home, but **must come into the nursery defrosted**, in a sterilised bottle. It will then be stored in the fridge here at the nursery. **We request that the frozen milk be defrosted at home overnight in the family's refrigerator.**

Parents must label the milk with the date & time of when it was expressed, frozen and defrosted.

The breast milk can be heated but must be drunk within 1hr of doing so or will be disposed of.

Breast milk must not be re-frozen after being defrosted!

Please ensure that milk is stored in plastic baby bottles only on arrival to the nursery ready to be stored in the fridge.