**WEEK 3**

**MENU FOR WEEK COMMENCING: 19th February & 12th March**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day (No added sugar-  (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast). Home-made fruit muffins). | | | | |
| **Lunch**  **(Water)** | Chicken  Sweet Potato  & Spinach curry | Pork, Apple &  Cannellini Bean  Casserole | Beef &  Vegetable  Bolognaise | Fish Pie | Vegetable  Pasta Bake |
| Brown Rice  Green Beans  Sweetcorn | Mashed Potato  Carrots Cabbage | Spaghetti  Mixed  Vegetables | Baked Beans  Broccoli  Carrots | Garlic Bread  Cauliflower  Peas |
| Sweet Potato  Spinach &  Chickpea Curry | Quorn pieces Cannellini  Bean & Apple  Casserole | Vegetable  Bolognaise | Green Lentil &  Vegetable Pie | As Above |
| **Dessert** | Peaches  With Greek  Yoghurt | Rhubarb Fool | Rice pudding  With  Banana | Raspberry &  Coconut Sponge  With Custard | Fruit Yoghurts |
| **Tea**  **(Water)** | Assorted  Cheese & Crackers  Celery / Cucumber  Fresh Fruit | Sandwiches  With  Tuna /egg or  Cheese  Fresh Fruit | Chicken Goujons  Vegetable Fingers  With dips &  Salad Sticks  Fresh Fruit | Pasta with  Tomato & Basil  Sauce  Fresh Fruit | Sundried Tomato  & Feta Scones  With  Salad sticks  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet