**WEEK 1**

**MENU FOR WEEK COMMENCING: 26th Feb/19th March**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack****(Water & Milk)** |  There is a wide variety of snacks every day (No added sugar- (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast). Homemade fruit muffins). |
| **Lunch****(Water)** | TortelliniWith Ricotta &Spinach in a tomato sauce  | Minced Beef &VegetablePie | Roast ChickenBreast withGravy | Moroccan Lamb& VegetableTagine | Cod &SalmonFishcakes  |
| BroccoliCauliflowerSalad Sticks | Mashed PotatoCarrotsGreen Beans | Roast PotatoesCabbageMashed SwedeSweetcorn | Cous CousMixed Vegetables  | New potatoes PeasCarrots(optional cheese sauce)  |
| As Above | Vegetable &Green Lentil Pie | Quorn FilletWith gravy | MoroccanVegetable &Chickpea Tagine | Vegetable & CheeseCakes  |
| **Dessert**  | Fruit SaladWithNatural Yoghurt | PancakesFilled withApple | Fruit Yoghurt | Banana withCustard | Mango Fool |
| **Tea****(Water)** | WholemealMuffin slicesWith variousToppings Fresh Fruit | SandwichesWithChicken Breast/Marmite Fresh Fruit | Pasta with aTomato &Basil Sauce Fresh Fruit | Assorted cheese& CrackersWith Celery &CucumberFresh Fruit | Lamb KoftasChickpea & CarrotKofta withPitta Bites &Salad SticksFresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet