**WEEK 1**

**MENU FOR WEEK COMMENCING: 26th Feb/19th March**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day (No added sugar-  (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast). Homemade fruit muffins). | | | | |
| **Lunch**  **(Water)** | Tortellini  With Ricotta &  Spinach in a tomato sauce | Minced Beef &  Vegetable  Pie | Roast Chicken  Breast with  Gravy | Moroccan Lamb  & Vegetable  Tagine | Cod &  Salmon  Fishcakes |
| Broccoli  Cauliflower  Salad Sticks | Mashed Potato  Carrots  Green Beans | Roast Potatoes  Cabbage  Mashed Swede  Sweetcorn | Cous Cous  Mixed Vegetables | New potatoes  Peas  Carrots  (optional cheese sauce) |
| As Above | Vegetable & Green Lentil Pie | Quorn Fillet  With gravy | Moroccan  Vegetable &  Chickpea Tagine | Vegetable & Cheese  Cakes |
| **Dessert** | Fruit Salad  With  Natural Yoghurt | Pancakes  Filled with  Apple | Fruit Yoghurt | Banana with  Custard | Mango  Fool |
| **Tea**  **(Water)** | Wholemeal  Muffin slices  With various  Toppings  Fresh Fruit | Sandwiches  With  Chicken Breast/Marmite  Fresh Fruit | Pasta with a  Tomato &  Basil Sauce    Fresh Fruit | Assorted cheese  & Crackers  With Celery &  Cucumber  Fresh Fruit | Lamb Koftas  Chickpea & Carrot  Kofta with  Pitta Bites &  Salad Sticks  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet